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Publisher Muscle Media 2000, Inc.

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CUSTOMER SERVICE

1-800-615-8500 303-279-3077

PRINTED IN U.S.A.
ST. IVES INC

Muscle Media 2000 (ISSN 1079-2465) (formerly Anabolic Reference Update) is published 9 times annually by Muscle Media 2000, Inc., 400 Corporate Circle Dr., Ste. J, Golden, CO 80401. Application to mail at second-class postage rates is pending at Golden, CO, and additional mailing offices. POSTMASTER: SEND ADDRESS CHANGES TO: MUSCLE MEDIA 2000, PO BOX 277, GOLDEN, CO 80402-0277.

Subscription Rates: U.S. and its possessions, 12 issues \$59.40 (U.S. funds). Canadian Subscribers, 12 issues \$86.40 (U.S. funds). Subscribers outside the U.S. and Canada, 12 issues \$101.40 (U.S. funds only). Colorado residents add 7.3% sales tax. Payment must accompany all orders. Foreign orders must be in U.S. dollars/international money order. Send subscriptions to: Muscle Media 2000, Inc., PO Box 277, Golden, CO 80402-0277. Allow 6-8 weeks for delivery of first issue.

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pissed-off readers saying that sex, perversion, and Buttmunch and his ass fetish have nothing to do with bodybuilding and therefore shouldn't be in this magazine. I beg to differ. I was in the audience of the recent Ms. Fitness World, and I was thinking about sex a lot, I guess it was okay because Arnold was up there on stage with the winning trophy over his crotch, making us all believe he was covering a boner. His little speech sounded like he was trying out for the lead of *Babe II*, it was so piggish (but in a "light," non-malicious way). Usually I feel a little uncomfortable when a man starts making sexist comments, but I shut up damn fast when Arnold handed over the \$50,000 cash first prize. The next night, Arnold was on his best behavior with the female bodybuilders. I think Arnold and I have synchronous dick-o-meters as I wasn't thinking about sex even though there was more flesh showing that night. No sexist comments. And \$30,000 less for first place.

My boss, Bill, gets pissed when I do ass jokes. I can't help myself. I love it when all these other magazines do ass articles. Technically, an ass is a muscle, but to keep everyone in line, the magazines call an ass "glutes." Usually they show all these fitness women in butt-flossers doing stiff-legged deadlifts. I call them "stiff-dicked, stiff-legged moonies" as I have to keep my reputation of "bodybuilding's favorite pervert."

Back to asses: recently the NPC has approved thong bottoms for the evening show as long as there aren't any TV cameras. How cool!

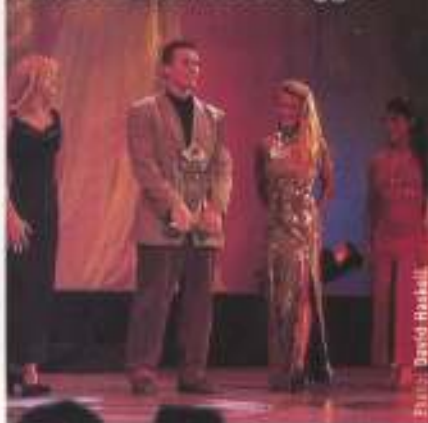
In the spirit of cooperation, many times lately, I've used my skin-fold calipers to measure the skin-fold thickness on girls' asses. Technically, this area is not on the approved list of pinch sites, but so far, the women haven't figured this out. At three millimeters or less, I can see the glutes and sometimes some striations, and I have no problem calling them "glutes." Peggy Schoolcraft and Paula Suzuki have glutes, as do most pro women bodybuilders. Marla Duncan has an ass. For some reason, many women get pissed off over a big ass on a bodybuilder. Years ago, I used to

Mike Mentzer



"...Mike Mentzer, who used to be a Mr. Universe and definitely not a Mr. Punyverse, is upset with me for me being 'not big.'"

Arnold Schwarzenegger



"...Arnold was up there on stage with the winning trophy over his crotch, making us all believe he was covering a boner."

CHRIS DUFFY

coach Denise Rutkowski. Hmmm, now this was a close call because standing still, she had glutes, but being an ex-stripper, she moved it well up on stage, and it became an ass. The females on the judging panel would always score her down because of it: "Her ass is too big." The male judges, though, didn't have a problem: "Maybe too fine, but not too big."

I don't like glutes on women (because it reminds me of Rich Gaspari, who was the first guy in bodybuilding to have striated glutes), but I like asses a lot. My old friend Chris Duffy had "glutes," and his girlfriend at the time would complain that he had too much muscle to pry his butt cheeks apart. But a while ago, I saw Chris' porn video, and it looked like Chris has learned to...relax.

Back to the Ms. Fitness World show. Some young, very excitable girl was sitting next to me in the audience and was giving a running commentary on the girls, which is probably a sexist comment, calling them "girls," since I think the new breed of fitness competitors are overall better athletes than any bodybuilder I've seen. But every once in a while, the excitable...female would say, "Great ass!" This seemed odd since she had her boyfriend next to her. Now, I know exactly what I would do with a great ass (and if you send a self-addressed, stamped envelope, I'll send you a copy of Buttmunch's "Ass FAQ," but it might be illegal in your city), but I was curious, so I asked this girl next to me what she would do with a great ass, and she told me, "Spank it!" This is not my idea of fun as I consider it abusive to women.

Since I've wandered into the subject of abuse, I've gotten another muscle writer pissed off at me, this time *MuscleMag's* Steve Neece. Steve lives near me with his mommy, and he also trains at the same gym I do. Steve and his mom are really close. I know this because when Steve went to Don Ross' funeral and attended the post-service buffet, he brought doggie bags (or were they "mommy bags"?) to take food home to her. Steve has this belief that I'm abusive to women because I've been disrespecting